

Personalized long term use of Silybum Marianum Fruit Extract (SMFE) contributes to homeostasis in acne prone skin.

A 12 months follow-up international « real life » cohort study

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EAU THERMALE
Avène
LABORATOIRE DERMATOLOGIQUE

NEW PUBLICATION
UNIQUE DATA



INTERNATIONAL, MULTICENTRIC,
OPEN-LABEL, DESCRIPTIVE STUDY



8 investigational centres
in Europe



54 teenagers & young
adults (12-35 years)



Mild to moderate acne



Wash-out period for acne
treatment before inclusion



Cleanance Comedomed

- Twice daily application
- During 52 weeks

Acne relapse

GEA score ≥ 3
&

Introduction of oral and/or
facial topical anti-acne treatment

Acne Relapse

0 acne
relapse for
85% of patients

<4%
use of oral and
topical acne drugs

GEA Score

72% subjects with
improved GEA score

Lucky Score

-59.6%

**1 YEAR
IMPROVEMENT
&
MAINTENANCE**

CADI Score

-53%

Investigator Tolerance

98% excellent
tolerance

The study qualifies the use of SMFE as a
«field dermocosmetic acne-prone skin».